



## PATIENT DEMOGRAPHIC INFORMATION SHEET

Patient Name: \_\_\_\_\_ Date: \_\_\_\_\_

Date of Birth: \_\_\_\_\_ Social Security Number: \_\_\_\_\_

Address: \_\_\_\_\_ City: \_\_\_\_\_

State: \_\_\_\_\_ Zip Code: \_\_\_\_\_ Gender: \_\_\_\_\_

Patient Phone: \_\_\_\_\_ Email Address: \_\_\_\_\_

Referring Doctor: \_\_\_\_\_

Address: \_\_\_\_\_

Primary Doctor: \_\_\_\_\_

Address: \_\_\_\_\_

Primary Insurance: \_\_\_\_\_ Claim/ID: \_\_\_\_\_

Policy Holder/Relationship to Holder: \_\_\_\_\_ Date of Birth: \_\_\_\_\_

Address: \_\_\_\_\_ Phone: \_\_\_\_\_

Secondary Insurance: \_\_\_\_\_ Claim/ID: \_\_\_\_\_

Policy Holder/Relationship to Holder: \_\_\_\_\_ Date of Birth: \_\_\_\_\_

Address: \_\_\_\_\_ Phone: \_\_\_\_\_

Patient Signature: \_\_\_\_\_

**\* Please bring the following to your appointment: Photo I.D. and insurance card, complete list of medications, vitamins/supplements you are taking, and any labs or testing you've had in the last 6 months\***



## MEDICAL HISTORY QUESTIONNAIRE

Height: \_\_\_\_\_ Weight: \_\_\_\_\_ Age: \_\_\_\_\_ Sex: \_\_\_\_\_

1. Are you in good health at this present time to the best of your knowledge?  Yes  No

2. Are you under a doctor's care at the present time?  Yes  No

If yes, please explain \_\_\_\_\_

### 3. ALLERGIES:

Do you have any allergies to medications and/or latex, foods, environmental etc.?  Yes  No

If yes, please explain and list the interactions \_\_\_\_\_

\_\_\_\_\_  
\_\_\_\_\_

### 4. Medications:

Are you currently taking any medications?  Yes  No

If yes, please list the name, dosage, and frequency. \_\_\_\_\_

\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

5. Do you have history of:

Heart Attack  Chest Pain  Arrhythmia  Palpitations

Abnormal EKG  Heart Murmur  Shortness of breath with exertion

6. Have you ever been told you have diabetes?  Yes  No

If yes, please explain \_\_\_\_\_

7. Do you have leg:

Pain  Swelling  Tingling  Burning  Numbness

8. Do you have shortness of breath at rest?  Yes  No

Do you have shortness of breath at mild exertion?  Yes  No

9. In the past 2-4 weeks have you had abdominal pain?  Yes  No

If yes, check all that apply:

Tenderness  Nausea  Vomiting  Cramping  Diarrhea  Constipation  Bloating

**10. Past Medical History (please check all that apply):**

- Alcohol Abuse  Anemia  Arthritis  Bleeding Disorder  Blood Transfusion  Constipation
  - Cancer  Chronic Fatigue  Drug Abuse  Diabetes  Eating Disorder  Frequent Headaches
  - Gallbladder Disease  Gout  Heart Disease  Heart Valve Disorder  High Cholesterol
  - High Blood Pressure  Kidney Disease  Liver Disease  Lung Disease  Osteoporosis
  - Psychiatric Illness  Rheumatic Fever  Sexually Transmitted Diseases  Stroke  Seizures
  - Swelling of feet  Thyroid Disease  Ulcers  Other: \_\_\_\_\_
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**11. Surgical History:**

Have you undergone any surgical procedures?  Yes  No

If yes, please list surgeries/procedures and their approximate dates \_\_\_\_\_

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**12. Family Medical History:**

Please check all that apply along with which family member it applies to.

- Alcohol Abuse \_\_\_\_\_  Anemia \_\_\_\_\_  Arthritis \_\_\_\_\_  Bleeding Disorder \_\_\_\_\_
- Blood Transfusion \_\_\_\_\_  Constipation \_\_\_\_\_  Cancer \_\_\_\_\_  Chronic Fatigue \_\_\_\_\_
- Drug Abuse \_\_\_\_\_  Diabetes \_\_\_\_\_  Eating Disorder \_\_\_\_\_
- Frequent Headaches \_\_\_\_\_  Gallbladder Disease \_\_\_\_\_  Gout \_\_\_\_\_
- Heart Disease \_\_\_\_\_  Heart Valve Disorder \_\_\_\_\_  High Cholesterol \_\_\_\_\_
- High Blood Pressure \_\_\_\_\_  Kidney Disease \_\_\_\_\_  Liver Disease \_\_\_\_\_
- Lung Disease \_\_\_\_\_  Osteoporosis \_\_\_\_\_  Psychiatric Illness \_\_\_\_\_
- Rheumatic Fever \_\_\_\_\_  Sexually Transmitted Diseases \_\_\_\_\_  Stroke \_\_\_\_\_
- Swelling of feet \_\_\_\_\_  Thyroid Disease \_\_\_\_\_  Ulcers \_\_\_\_\_
- Other: \_\_\_\_\_

**13. Social History (please check all that apply):**

What is your occupational status?  Full time  Part time  Retired  Student  Disabled

Tobacco History:  Current Smoker; everyday  Never  Socially  Vape

Smokeless Tobacco  Former Smoker (list length of time): \_\_\_\_\_

Do you drink alcohol?  Yes  No

If yes, please list what kind and how often: \_\_\_\_\_

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Have you ever used any illicit drugs?  Yes  No

If yes, please check all that apply:  Never  Marijuana Use  Cocaine Use  Heroin Use

**14. Health Maintenance:**

Please list approximate dates for each of the following below:

Colonoscopy: \_\_\_/\_\_\_/\_\_\_  Mammogram: \_\_\_/\_\_\_/\_\_\_

Stress Test: \_\_\_/\_\_\_/\_\_\_  Pap Smear: \_\_\_/\_\_\_/\_\_\_  PSA Test: \_\_\_/\_\_\_/\_\_\_

Bone Density Scan (DEXA): \_\_\_/\_\_\_/\_\_\_  Echocardiogram: \_\_\_/\_\_\_/\_\_\_  EKG: \_\_\_/\_\_\_/\_\_\_

Women Only:

Have you ever been pregnant?  Yes  No

If yes, please list how many pregnancies and/or miscarriages you've had: \_\_\_\_\_

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First day of your last menstrual cycle: \_\_\_/\_\_\_/\_\_\_

Nature of menstrual cycles:  Regular  Irregular  Light  Normal  Heavy

More than 1 time per month

When you have your cycle, does it take away from your normal daily activities?  Yes  No

If yes, please explain: \_\_\_\_\_

Are you currently using birth control?  Yes  No

If yes, please explain the type and dosage: \_\_\_\_\_

Are you currently on Hormone Replacement Therapy?  Yes  No

If yes, please explain what type and dosage: \_\_\_\_\_

15. What is your desired weight? \_\_\_\_\_

16. What is the main reason for your decision to lose weight? \_\_\_\_\_

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17. What was your weight 1 year ago? \_\_\_\_\_ 5 years ago? \_\_\_\_\_ Maximum weight? \_\_\_\_\_

18. When did you begin gaining excessive weight?  1-12 months ago  1-2 years ago  3+ years ago

19. Have you ever taken an appetite suppressant?

If yes, please list the medication and dosage: \_\_\_\_\_

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20. Please check all the diet programs that you have followed/tried and if they were successful:

Weight Watchers:  Yes  No

Low-Fat:  Yes  No

Jenny Craig:  Yes  No

Mediterranean:  Yes  No

OptiFast:  Yes  No

NutriSystem:  Yes  No

Atkins:  Yes  No

Medifast:  Yes  No

Other:  Yes  No

If yes, please explain which programs: \_\_\_\_\_

21. How often do you eat out?  1-2 times weekly  2-5 times weekly  5 or more times weekly

Do you snack in between meals?  Yes  No

If yes, check all that apply:  Morning  Between Meals  Evening

22. What foods do you crave? \_\_\_\_\_

23. Do you drink any of the following please check and list how many per week:

Coffee: \_\_\_\_\_  Water: \_\_\_\_\_

Sweet-Tea: \_\_\_\_\_  Non-Sweet Tea: \_\_\_\_\_

Soda: \_\_\_\_\_  Diet Soda: \_\_\_\_\_

24. Do you use artificial sweeteners?  Yes  No

If yes, check all that apply:  Saccharine  Equal  Splenda  Stevia  Truvia

Just like sugar

25. Activity Level:

Inactive- No regular physical activity with a sit-down job

Light Activity- No organized physical activity during leisure time

Moderate Activity- Occasionally involved in activities such as weekend golf, tennis, jogging, swimming, or cycling

Heavy Activity- Consistent lifting, stair climbing, heavy construction, or regular participation in jogging, swimming, or cycling.

Vigorous Activity- Participation in extensive physical exercise for at least 60 minutes per session 4 times per week

26. Has your doctor ever said that you have a heart condition and you should only do physical activity when recommended?  Yes  No

27. Do you feel pain in your chest when you do physical activity?  Yes  No

28. In the past month have you had chest pain when you were **not** doing physical activity?  Yes  No

29. Do you lose your balance because of dizziness or have you ever lost consciousness?  Yes  No

30. Do you have a bone or joint problem (back, knee, hip. etc.) that could be made worse by a change in physical activity?  Yes  No

31. Is your doctor currently prescribing medication for blood pressure or heart condition?  Yes  No

32. Do you know of any other reason why you should not do physical activity?  Yes  No

If yes, please explain: \_\_\_\_\_

33. Have you ever lost vision in one or both eyes that was not permanent?  Yes  No

Double Vision?  Yes  No

34. Have you ever had hearing loss, speech difficulty, or intermittent numbness or loss of movement of a limb?  Yes  No

35. Are you currently taking any supplements?

If yes, please list: \_\_\_\_\_

\_\_\_\_\_

36. Please list all foods that have caused problems for you, if any: \_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

37. Have you ever had an anaphylactic reaction (severe allergic reaction that needed treatment right away)?  Yes  No

If yes, please explain to what: \_\_\_\_\_

\_\_\_\_\_

38. Have you ever been diagnosed with any of the following:

Asthma  Urticaria (hives, swelling on surface of skin)  Rhinitis (chronic running nose)

Venom Allergy (insects, snakes, bees, fire ants)  Medication Allergies

Angioedema (hives/swelling under the skin)  Latex Allergy

Eczema (itchy, red, cracked inflamed and/or rough skin)

39. Do you know if your family has history of allergies?  Yes  No

If yes, please list below and who the allergies belong to: \_\_\_\_\_

\_\_\_\_\_

40. Do you ever experience any of the following symptoms?

**Digestive Tract**

- |   |  |
|---|--|
| <input type="checkbox"/> Belching/Bloating    | <input type="checkbox"/> Bloating                            |
| <input type="checkbox"/> Abdominal Distention | <input type="checkbox"/> Cramps                              |
| <input type="checkbox"/> Gas (rectal)         | <input type="checkbox"/> Constipation                        |
| <input type="checkbox"/> Diarrhea             | <input type="checkbox"/> Nausea                              |
| <input type="checkbox"/> Stomach Pains        | <input type="checkbox"/> Vomiting                            |
| <input type="checkbox"/> Lactose Intolerance  | <input type="checkbox"/> Heartburn, acid reflux, indigestion |
| <input type="checkbox"/> Mucousy Stools       |  |

**Head**

- |                                    |   |
|------------------------------------|---|
| <input type="checkbox"/> Dizziness | <input type="checkbox"/> Light Headedness |
| <input type="checkbox"/> Faintness | <input type="checkbox"/> Headaches        |

**Mouth & Throat**

- |  |                                      |
|--|--------------------------------------|
| <input type="checkbox"/> Chronic coughing              | <input type="checkbox"/> Gagging     |
| <input type="checkbox"/> Clear throat often            | <input type="checkbox"/> Sore throat |
| <input type="checkbox"/> Swollen tongue, lips, or gums |                                      |

**Joint Muscles**

- |  |   |
|--|---|
| <input type="checkbox"/> Muscle Aches        | <input type="checkbox"/> Arthritis        |
| <input type="checkbox"/> Feeling of weakness | <input type="checkbox"/> Limited movement |
| <input type="checkbox"/> Joint Pain          | <input type="checkbox"/> Stiffness        |

**Respiratory**

- |  |  |
|--|--|
| <input type="checkbox"/> Asthma/ bronchitis- chronic | <input type="checkbox"/> Chest congestion                                  |
| <input type="checkbox"/> Difficulty Breathing        | <input type="checkbox"/> Shortness of breath resting or with mild exertion |
| <input type="checkbox"/> Wheezing                    | <input type="checkbox"/> Excessive mucous                                  |
| <input type="checkbox"/> Hay fever                   | <input type="checkbox"/> Sinus problems                                    |
| <input type="checkbox"/> Sneezing attacks            | <input type="checkbox"/> Stuffy nose                                       |
| <input type="checkbox"/> Nasal congestion            | <input type="checkbox"/> Postal nasal drip                                 |
| <input type="checkbox"/> Nasal polyps                |  |
| <input type="checkbox"/> Sinus pressure or pain      |  |

**Ears**

- |  |  |
|--|--|
| <input type="checkbox"/> Ear aches       | <input type="checkbox"/> Ear Infection |
| <input type="checkbox"/> Hearing Loss    | <input type="checkbox"/> Itchy Ears    |
| <input type="checkbox"/> Ringing in ears |  |

### **Eyes**

- Blurred Vision
- Itchy Eyes
- Swollen eyelids
- Dark circles
- Stick eyelids
- Watery eyelids

### **Weight**

- Binge eating
- Cravings
- Underweight
- Night eating
- Compulsive eating
- Excessive weight
- Water retention

### **Skin**

- Acne
- Eczema (red, dry, patches)
- Excessive sweating
- Itching
- Dermatitis
- Flushing/ hot flashes
- Hair loss
- Dry skin

### **Emotions**

- Aggressiveness
- Depression
- Mood swings
- Anxiety/fear
- Irritability/anger
- Nervousness

### **Mind**

- Confusion
- Poor concentration
- Stuttering/stammering
- Learning disabilities
- Poor memory/brain fog
- Forgetfulness

### **Energy & Activity**

- Apathy/fatigue
- Restlessness
- Hyperactivity
- Sluggishness

### **Other**

- Chest pain
- General itching
- Urgent urination
- Frequent illness
- Irregular or rapid heartbeat
- Loss of taste or smell





Name: \_\_\_\_\_ DOB: \_\_\_\_\_ Date: \_\_\_\_\_

Female Patient Consult Form  
Menopause/Hormone Imbalance Checklist

1. Hot Flashes, sweating..... (Episodes of Sweating)	<input type="checkbox"/> Yes <input type="checkbox"/> No <input type="checkbox"/> Sometimes
2. Heart Discomfort ..... (Unusual awareness of Heart Beat, Heart Skipping, Heart Racing, Tightness)	<input type="checkbox"/> Yes <input type="checkbox"/> No <input type="checkbox"/> Sometimes
3. Sleep Problems ..... (Difficulty in falling asleep, Difficulty in sleeping through, waking up early)	<input type="checkbox"/> Yes <input type="checkbox"/> No <input type="checkbox"/> Sometimes
4. Depressive Mood ..... (Feeling down, Sad, Lack of drive, Tearful, Mood Swings)	<input type="checkbox"/> Yes <input type="checkbox"/> No <input type="checkbox"/> Sometimes
5. Irritability ..... (Feeling nervous, Feeling aggressive, Inner tension)	<input type="checkbox"/> Yes <input type="checkbox"/> No <input type="checkbox"/> Sometimes
6. Anxiety ..... (Inner restlessness, Feeling panicky)	<input type="checkbox"/> Yes <input type="checkbox"/> No <input type="checkbox"/> Sometimes
7. Physical and Mental Exhaustion ..... (Impaired memory, Decreased in concentration, Forgetfulness)	<input type="checkbox"/> Yes <input type="checkbox"/> No <input type="checkbox"/> Sometimes
8. Sexual Problems ..... (Changes in sexual desire, Sexual activity, and Satisfaction)	<input type="checkbox"/> Yes <input type="checkbox"/> No <input type="checkbox"/> Sometimes
9. Bladder Problems ..... (Difficulty in urinating, Increased need to urinate, Bladder incontinence)	<input type="checkbox"/> Yes <input type="checkbox"/> No <input type="checkbox"/> Sometimes
10. Dryness of Vagina .....	<input type="checkbox"/> Yes <input type="checkbox"/> No <input type="checkbox"/> Sometimes
11. Joint and Muscular Discomfort ..... (Pain in the joints, Rheumatoid complaints)	<input type="checkbox"/> Yes <input type="checkbox"/> No <input type="checkbox"/> Sometimes

*For Office Use Only*

Height: \_\_\_\_\_ Weight: \_\_\_\_\_ Weight Change: \_\_\_\_\_

Blood Pressure: \_\_\_\_\_ Pulse: \_\_\_\_\_ BMI: \_\_\_\_\_

Neck Circumference: \_\_\_\_\_ Waist Circumference: \_\_\_\_\_

LMP: \_\_\_\_\_ Last MMG: \_\_\_\_\_ Last Pap: \_\_\_\_\_

Chief Complaint: \_\_\_\_\_

What's Discussed: \_\_\_\_\_

# ALLERGY IMPACT QUESTIONNAIRE

Patient Name: \_\_\_\_\_ Date of Birth: \_\_\_\_\_

1. Do you think you suffer from allergies?  Yes  No
2. Are the symptoms year – round or seasonal?  Year round  Seasonal
3. How long do your symptoms last during an allergy flare up?  < than 7 days  > than 7 days
4. What time of the day are your symptoms the worst?  Morning  Afternoon  Night  All day
5. Are the symptoms worse in the Spring, Fall or both?  Spring  Fall  Both
6. Do you have any sinus drainage issues?  Yes  No If yes, when?  AM  PM  All day
7. Do you ever have watery or itchy eyes?  Always  Most times  Sometimes  Never
8. Do you cough or sneeze on a regular basis?  Yes  No If yes, when?  AM  PM  All day
9. Do you have regular upper respiratory infections?  Yes  No  
If yes, when?  3 times or more a year  Less than 3 times a year
10. Do you think you might be allergic to animals?  Yes  No
11. Have you ever been diagnosed with asthma?  Yes  No If yes, when? \_\_\_\_\_
12. Do you have a family history of asthma?  Yes  No
13. Have you ever been hospitalized for asthma?  Yes  No If yes, when? \_\_\_\_\_
14. How long have you lived in this area? \_\_\_\_\_ years / \_\_\_\_\_ months
15. How long have you lived in your current residence? \_\_\_\_\_ years / \_\_\_\_\_ months
16. Did you have allergies in your previous residence or state?  Yes  No
17. Are you currently taking any allergy medications?  Yes  No  
If yes, please list them including OTC medications: \_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_
18. Are you currently taking blood thinner medications?  Yes  No  
If yes, please list them: \_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_
19. Are you currently taking a beta blocker for a heart condition?  Yes  No  Not Sure
20. Are you or could you be pregnant?  Yes  No



## FINANCIAL POLICY

We are committed to providing you with the best possible care.

- We will provide you with the most appropriate care in the most time-efficient fashion.
- We will treat you with respect and professionalism
- We will always do our best to keep your scheduled appointment and to minimize any wait time you may incur. However, due to circumstances beyond our control, there may be times that we must reschedule your appointment with short notice.
- In order to give you as much notice as possible, we request a phone contact so that we can reach you in person during the day, such as a business number or cell phone.

If you have any questions regarding this information, please don't hesitate to ask us. We are here to help you.

### General Information

- In order to treat you effectively and efficiently and within HIPPA guidelines, we require a registration form and several other forms be complete by you.
- We are sorry, but due to high fax volume we are NOT able to accept any of the following documents via fax. Without the completed documents, films, tests, and referral, if appropriate, you will NOT be seen by the doctor and your appointment will be RESCHEDULED.
  1. Referral, if required by your insurance
  2. Active valid insurance card
  3. Photo ID
  4. MRI films, and reports, CT scan films and reports, bone scan reports
  5. EMG reports
  6. Primary doctor's notes, other specialists' notes (orthopedic surgeon, neurologist, psychiatrist, rheumatologist, etc.)
  7. List of current medications

We expect that you have an understanding of your responsibilities under your insurance contract with respect to referral and preauthorization requirements, as well as your deductible, copay, coinsurance and coverage limits.

In order to achieve your maximum allowable benefits, we need your assistance and your understanding of our Financial Policy.

If you have insurance coverage with one of the plans which we do participate with, we will bill your insurance company along the guidelines of our contract. However, we require that all co-pays are paid at the time of service.

If you have an insurance which we do not participate with, you will be provided with an Out of Network Contract.

Returned checks will be subject to an additional \$39 service fee.

We will gladly discuss your proposed treatment and answer any questions relating to your insurance. Please realize that your insurance is a contract between you, your employer and the insurance company. We are not a part to that contract.

While filing of insurance claims is a courtesy we extend to our patients, all charges are the responsibility of the patient from the date the services are rendered.

You will be required to show a copy of your insurance card at each time of service. If you do not have your insurance information or we are unable to verify your coverage, you will be required to pay for the services rendered each visit until we are able to verify coverage.

If your insurance coverage terminates or changes, you are responsible for notifying us of this change immediately so that we can assist you in receiving your maximum reimbursement.

Please help us serve you better by keeping your scheduled appointments.

There is a NO SHOW FEE for all appointments that are not cancelled within 48 hours of your appointment. Please be sure to get the staff members name, date and time that you spoke with them when cancelling an appointment.

I have read the Financial Policy. I understand and agree to this Financial Policy. I guarantee payment of all claims submitted to my insurance on my behalf. I further agree to pay any attorney fees, court costs and related collection agency fees incurred.

\_\_\_\_\_  
PATIENT NAME

\_\_\_\_\_  
PATIENT SIGNATURE

\_\_\_\_\_  
RESPONSIBLE PARTY SIGNATURE (If not patient)

\_\_\_\_\_  
DATE





## Authorization to Discuss Medical Information

I, \_\_\_\_\_, hereby authorize you to use or discuss the specific information described below, only for the purpose and parties also described below.

Please select the specific information permitted to be discussed:

- Appointment dates/Time
- Medications
- Lab Test/Results
- Summary of Medical Records
- Care Plan
- Diagnosis

Patient Name: \_\_\_\_\_ D.O.B.: \_\_\_\_\_

Information permitted to be given to NAME(S)- \_\_\_\_\_

Relationship to patient: \_\_\_\_\_

Address: \_\_\_\_\_

Phone: \_\_\_\_\_

*\*Multiple names may be added if you so choose\**

Thus authorization shall remain in effect from the date signed below until (please check one):

- Specific Date: \_\_\_\_\_
- NO EXPIRATION DATE

*I understand that I may revoke this authorization by contacting your office, attention Administrator. This authorization is giving Renewus the right to discuss my medical information with the one or more people listed above. Information used or disclosed pursuant to the authorization may be subject to re-disclosure by the recipient and no longer be protected by HIPPA.*

Patient Signature: \_\_\_\_\_ Date: \_\_\_\_\_



## Authorization to Release Medical Records Outgoing

I hereby authorize:

Renewus  
1400 Route 70 East 2<sup>nd</sup> floor  
Cherry Hill NJ 08034  
Phone: (888) 985-2727  
Fax: (856) 375-2419

To release medical records and data pertaining to:

Patient Name:	SSN/MRN:
Date of Birth:	Phone Number:
Street Address:	City/State/Zip:

To the following physician/facility:

Physican/Facility: \_\_\_\_\_

Address: \_\_\_\_\_ City/State/Zip: \_\_\_\_\_

Phone/Fax: \_\_\_\_\_

Select the MOST RECENT records to be released:

- Labs: \_\_\_\_\_
- Radiology/Imaging: \_\_\_\_\_
- H&P/ Office Notes: \_\_\_\_\_
- Medication: \_\_\_\_\_
- Other: \_\_\_\_\_

Patient/Guardian Signature: \_\_\_\_\_ Date: \_\_\_\_\_